



## The TRENKLEERS

September 1999

*Starting with the wear and tear of everyday life that has been ongoing for the last ten years, my husband and I started coming to Tremper Chiropractic after seeing the booth at the Family Fun & Fitness Expo.*

*Over the last five years I have been dealing with numbness in my left arm, neck and back pain, and tension between my shoulder blades. I could not even do what I enjoy best—run! I had problems doing my daily work, and became inactive. Over the last ten years that Mike has been driving his truck he has experienced problems with little things such as shifting and steering. This could not go on.*

*I had been to a Chiropractor about five years ago with great results so I knew this would help the two of us when I talked to the Staff at the Expo. But why stop there? My thirteen year old son Bobby was already experiencing back pain at his young age, so he came too.*

*We started care in February of this year and they are “wonderful”. Dr. Vijay is very thorough and makes sure we understand everything. He is very personable.*

*Mike has had major improvement since he started care, and Bobby has no back pain and is becoming a kid again. As for me, I feel great—I can run again. We returned from our Smokey Mountains vacation and I had no problems handling the trails. I look forward to the next trip.*